

# Joining a meeting in a Teams Room from the Teams app

If you have a meeting scheduled that is not connected to a Neat device, you can join through Proximity Join.

Access the meeting through the Teams app either on your computer or mobile device.

1. Select the meeting and click Join
2. On the 'Choose your video and audio options' screen, select Room Audio.
3. Click on the drop down menu that says 'Search for a Room'
4. Select nearby room, and the meeting will start on the selected device.

